



## **POST FILLER CARE**

- After treatment, you should expect to have some redness and swelling. This will normally last less than 7 days (generally 24-48 hours). People do not swell evenly, this is normal.
- You may take Acetaminophen/Tylenol if you experience any mild tenderness or discomfort.
- For 12 hours post treatment, avoid touching area, strenuous exercise, consumption of salty foods, and alcohol.
- No extensive sun or heat exposure for 48 hours.
- Should you experience worsening pain or discomfort after the procedure, or you notice signs of infection, fevers, cold sores, expanding red skin, vision changes, call our office immediately as this may be an emergency.
- If you feel like you need additional volume, wait a few weeks, and schedule another appointment.
- Try to not sleep on your face or the area that the filler was placed for the first week if possible.
- Social media is not an encrypted and secure means of communication.
- Emailing and messaging cannot replace in person examination and communication if an issue arises.

If you have questions, please call us at (512) 533-9900. If afterhours, please call our on call physician at medlink (512) 323-5465.