

**MORNING**

- Wash face**  
Cerave or Neutrogena type MILD
  
- Antibiotic Pill** (with food)  
Doxycycline (Targadox, Doryx, Oracea)  
Minocycline (Ximino)
  
- Spironolactone**
  
- Birth Control** (same time daily)
  
- Topical Clindamycin 1% lotion/gel**
  
- Sulfur lotion/cream/wash**
  
- Aczone gel 7.5%** (topical dapsona gel)
  
- Finacea** (azelaic acid 15% gel or foam)
  
- Onextone gel** (clindamycin1%/Benzoyl peroxide 3.75%)
  
- Acanya gel** (clindamycin1%/Benzoyl peroxide 2.5%)
  
- Rhofade**- decreases red
  
- Sunscreen or Tinted Sunscreen
- Moisturize only if needed. Use only non-comedogenic products\*

**NIGHT**

- Wash face** (dry face completely before applying meds) MILD cleanser
  
- Antibiotic Pill** (with food) Doxycycline (Targadox, Doryx, Oracea)  
Minocycline (Ximino, Minolira)  
Sarecycline (Seysara)
  
- Soolantra**
  
- Sulfur lotion/cream/wash**
  
- Finacea** (azelaic acid 15% gel or foam)
  
- Differin/Adapalene 0.1%** (OTC you buy this) or **0.3%** (at pharmacy)
  
- Epiduo Forte** (adapalene 0.3%/Benzoyl peroxide 2.5% gel)
  
- Retin-A Micro Gel**  
**0.025%/0.06%/0.08%/0.1%**
  
- Tretinoino.025%/0.05%/0.1% \*do not use with BPO - only at night**
  
- Aklief** (trifarotene 0.005% cream)
  
- Altreno** 0.05% lotion
  
- Tazorac** 0.05%/0.1% cream or gel



SCAN ME