

Suture Removal Instructions

- 1) Wash your hands with soap and water, then dry with a clean towel.
- 2) Clean the site with soapy water, then dry with a clean towel/gauze.
- 3) You should use small scissors (such as manicure scissors) and tweezers, cleaning them with alcohol before using.
- 4) Using the tweezers, gently lift the suture knot up and hold firmly.
- 5) Cut the suture on one side of the knot only. Do not cut through the knot.
- 6) Pull up on the remaining knot with the tweezers to remove the suture.
- 7) Once the sutures are removed, if there are no open areas, scabs, or bleeding, you can stop wound care and leave the area open to air. If you see small sores or open areas of skin, continue the wound care (as outlined on the front) until the skin is pink and healed

